EUROPE CATALOG 2024



www.kifidis1919.com

ABOUT KIFIDIS

- A household brand with over 100 years of heritage

KIFIDIS is a leading orthopedic, footcare, and footwear brand with a heritage that spans across four generations. KIFIDIS was founded in 1919 as an Orthosis-Prosthesis Workshop and a leading manufacturer of orthopedic materials in Istanbul, Turkey.

The company was the first in Turkey to produce and sell orthopedic and medical products through pharmacies and other medical retailers. In 1974, KIFIDIS opened its first medical store, selling orthopedic supports and custom-made orthopedic shoes. With the realization that there was a need for quality anatomical shoes, KIFIDIS has become the first Turkish company to open an anatomical shoe store chain.

Over a century later, the brand stands as a testament to enduring craftsmanship and unwavering dedication to quality. From its humble beginning, KIFIDIS has grown into a respected leader in the industry, known for its meticulous attention to detail and the use of high-quality materials.

In 2024, KIFIDIS launched its business in Northern Europe in cooperation with Karako Gol Global Partners as its representative.



ABOUT QUALITY

- "If something is worth doing, it's worth doing well."

As a manufacturer with over 100 years of experience, we know that we owe our success to the quality of our products. That's why we take it very seriously.

Our products are EC and MDR certified and ready to be imported and sold within the EU.







AI06509

Gel Bunion Protector

Size	Standard
Package	1 piece
Material	Silicone
Description	For bunion deformity



• Relieves pain in bunion cases caused by Hallux Valgus deformities.

- Can be used in shoes easily thanks to its thin structure.
- Washable and reusable.
- One size.

AI26609

Protector



Size	Standard
Package	1 piece
Material	Silicone
Description	For bunions and between Toes

Toe Separator with Bunion

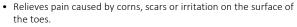
• Prevents overlapping of toes by pushing them into alignment.

- Immediate relief by massaging and protecting the bunion area.
- Special designand size allow it to fit perfectly into the shoe. •
- Washable and reusable.
- One size.

AI14909

Silicone Toe Ring

Size	S: 15 mm, L: 20 mm
Package	2 pieces
Material	Silicone
Description	For calluses, wounds and irritations



- Protects the damaged area.
- Washable and reusable.

AI06409

Silicone Toe Separator

Size		Standard
Package		2 pieces
Material		Silicone
Descripti	on	For bone deformity





- Separates the first and second toes.
- Holds overlapping toes in their correct position.
- Washable and reusable.

Silicone Toe Cup

• One size.

AI15509



Lev	Size	S: 15 mm, L:
	Package	2 pieces
	Material	Silicone
	Description	For calluses, w irritations





• Relieves pain caused by corns, scars or irritation on the surface of the toes and the problems on the nail area.

wounds and

20 mm

- Protects the damaged area.
- Washable and reusable.

AI26109

Silicone Toe Cup Covered with Fabric

Size	S: 15 mm, L: 20 mm
Package	2 pieces
Material	Fabric coated silicone
Description	For calluses, wounds and irritations





- Relieves pain caused by corns, scars or irritation on the surface of the toes and the problems on the nail area.
- Protects the damaged area.
- Washable and reusable.

AI26209

Silicone Toe Ring Covered with Fabric

Size	S: 15 mm, L: 20 mm
Package	1 piece
Material	Fabric coated silicone
Description	For calluses, wounds and irritations



- Relieves pain caused by corns, scars or irritation on the surface of the toes.
- Protects the damaged area.
- · Washable and reusable.
- Length: 15 cm

A106009 Oval Adh	esive Pad	
Size	Standard	01)-
Package	1 sheet / 9 pieces	
Material	Latex foam	

Package	1 sheet / 9 pieces
Material	Latex foam
Description	Prevents friction and pressure in calloused areas

- · Helps to prevent formation of corns caused by friction or pressure.
- Relieves the pain of existing corns.
- Hastens the healing process by cushioning the calloused area.
- Stays in place for a long time thanks to its strong adhesive.

AI27009

Size

Package

Material

Description

Gel Hallux Valgus Protector with Fabric

Standard

1 piece

J.	

• Protects the bunion area from pressure and provides relief by

Fabric coated silicone

Bunion Protector

- massaging the area. • Its design keeps the gel protector always in the correct position.
- Fits all shoe sizes by its elastic and soft fabric.
- Can be easily used in each type of shoe.

AI06909

AI05909

Circular Adhesive Pad

Size	Standard
Package	1 sheet / 9 pieces
Material	Latex foam
Description	Prevents friction and pressure in calloused areas





- · Helps to prevent formation of corns caused by friction or pressure.
- Relieves the pain of existing corns.
- Hastens the healing process by cushioning the calloused area.
- Stays in place for a long time thanks to its strong adhesive.

Size Standard 1 sheet / 9 pieces Package Material Latex foam Description Prevents friction and pressure in calloused areas

Interdigital Foam Cord Pad



- · Helps to prevent formation of corns caused by friction or pressure.
- Relieves the pain of existing corns.
- Hastens the healing process by preventing the friction between
- Stays in place for a long time thanks to its strong adhesive.

AI28209

Silicone Heel Cup

Size	S: 35-38, M: 39-42, L: 43-46	
Package	1 pair	
Material	Silicone	
Description	Relieves heel spur pain	



- Provides comfort on heels.
- Made with two types of silicone soft and firm.
- Extra soft blue area helps to relieve pain caused by heel spur.
- Washable and reusable.

AI27809

Silicone Insole

Size	XS:35-36, S:37-38, M:39-40, L: 41-42, XL:43-44	
Package	1 pair	
Material	Silicone	
Description	Shock absorbing Insoles	

- Made of 100% medical silicone.
- Hypoallergenic, orthopedic and has maximum elasticity.
- Enables even pressure distribution on the sole
- Has relaxing and comforting effect by reducing shock loads.
- Used for Forefoot and toe deformities, plantar pain, pressure redistribution, arthralgia and varicose. Washable and reusable.

AI00809

Hallux-Valgus Night Splint



Size	1: 34-36, 2: 37-40, 3: 41-44
Package	1 pair
Material	Mica supported
Description	Reduces pain in the bone, prevents burning sensation, stops deformation

- Corrects the misaligned big toe by fixing it with a softly padded support and pulling it to its normal position with a velcro strap.
- Relieves bunion pains and prevents worsening of the problem.
- Washable and reusable.
- For night use

AI17009

Fabric Nasal Strip

Size	Standard	allow and all many KIFIDIS
Package	10 pieces	Breathe Well
Material	Knitwear covered	
Description	Snoring easy breathing	10 REAL PROPERTY AND AND

- Eases breathing and reduces snoring.
- Provides immediate relief of nasal congestion caused by colds and allergies. Helps to reduce or even eliminate snoring by allowing easier breathing through the nose instead of the mouth. Pulls the sides of the nose up by its flexible strap in the middle and opens the nostril gently.
- Each strip is for single use only.

AI25209

Heel Cushion

Size	1: 35-37, 2: 38-40, 3: 41-43, 4: 44-46
Package	1 pair
Material	Leather-covered latex
Description	Relieves heel spur pain



- Helps relieving pain caused by calcaneal spur when the cut round part is removed.
- Comforts and supports the heel.
- Covered with breathable genuine leather.

AI24609

Transparent Nasal Strip

Size	Standard	NEIDIS
Package	10 pieces	BreutheWell
Material	Transparent strip	
Description	Snoring easy breathing	12

- Eases breathing and reduces snoring.
- Provides immediate relief of nasal congestion caused by colds and allergies. Helps to reduce or even eliminate snoring by allowing easier breathing through the nose instead of the mouth. Pulls the sides of the nose up by its flexible strap in the middle and opens the nostril gently.
- Each strip is for single use only.

Size

9BEI2REBU000001 Pain Relieving Cool Bandage



Package	1 piece
Material	Menthol Bandage
Description	For calluses, wounds and irritations

10cmx2.6m



- Relieves pain by instantly cooling the area in cases of strains, sprains, muscle injuries, chronic joint or muscle pains.
- Keep the product in your car, sports bag, first-aid closet or anywhere you might need instant cold support for such cases.



9FST2REBU000005

Cast and Bandage Protector (for arm)

Size	Standard	
Package	1 piece	5
Material	Polipropilen, PVC, Silicone	
Description	Protects cast or bandage in shower or bath	

- Usage areas: Bathroom, sea, pool, rainy open air.
- Reusable. Should be cleaned with clean water after each use.Used for areas such as plaster, bandage and open wound areas that need to remain dry.

9FST2REBU000006

Cast and Bandage Protector (for leg)

Size	Standard
Package	1 piece
Material	Polipropilen, PVC, Silicone
Description	Protects cast or bandage in shower or bath



- Usage areas: Bathroom, sea, pool, rainy open air.
- Reusable. Should be cleaned with clean water after each use.
- Used for areas such as plaster, bandage and open wound areas that need to remain dry.

AF02709

Redressor

Size	1-2-3-4	
Package	1 piece	
Material	Elastic fishing line fabric	
Description	For kyphosis conditions and posture disorders caused by osteoporosis	

- Made of breathable elastic fishline fabric.
- Used as posture corrector in developmentstages, in cases of kyphosis and posture disorders caused by osteoporosis.

Size	S-M-L-XL, RIGHT/LEFT	1
Package	1 piece	
Material	Aluminum support	
Description	Fixes the thumb, used for strains and sprains	

- Made of breathable fabric. Has an anatomically shaped splint that stabilizes the thumb joint.
- Used in cases of injuries, sprains and mild ruptures of thumb.
- Sizes: Right/Left (Wrist circumference) S: 13-15 cm, M: 15-18 cm, L: 18-20 cm, XL: 20-22 cm

AB37009

Epicondylitis Support

Size	Standard	
Package	1 piece	
Material	Silicone with pad support	
Description	Relieves pain by applying pressure to the epicondyle	

• Massages the soft tissue on epicondylitis area by its silicone pad and relieves pain.

- The adjustable strap guaranties optimum fit and compression.
- Used in cases of tennis elbow.

AI26109

AB24309

Thumb Splint

Economical Arm Sling

Size	M-L-XL	
Package	1 piece	
Material	Breathable	
Description	To fix the arm at the desired height	

- Made of breatable fabric.
- · Stabilizes the arm in the requested height.

AB11209

Rowes Ankle Brace

Size	S: 20-24 cm M: 24-28 cm L: 28- 32 cm XL: 32-36 cm	
Package	1 piece	
Material	Elastic woven fabric with elastomer, polyamide, acrylic	
Description	Provides compression and protection	- MP

- For strains, sprains, ligament strains, and chronic muscle weakness
- Indications:
 - Mild injuries and sprains
 - Ligament injuries
 - Chronic muscle weaknesses
 - As protection during sport activities

AB36309

Knee Brace with Open Patella

Size	Standard	
Package	1 piece	
Material	Neoprene fabric	
Description	For mild strain, patellar tendon injuries, post-operative rehabilitation	



- Made of neporene metarial which maintains the body temperature and provides compression.
- Used in cases of mild injuries of knee, patellar tendon injuries, during rehabilitation period after operations and as protection during sport activities.
- Can be used in every size thanks to its velcro closure.

9INC2REBU000004

Hot/Cold Gel Compress with Ladybird

Size	10.7 x 10.7 cm	
Package	1 piece	
Material	PVC exterior, Gel inside	
Description	Provides relief of strains, sprains, muscle soreness, swelling, tendinitis, sport injuries	C.



Suitable for children.



Rowes Knee Brace

Size	XS: 27-30 cm S: 33-38 cm M: 38- 46 cm L: 46-53 cm XL: 53-60 cm
Package	1 piece
Material	Elastic woven fabric with elastomer, polyamide, acrylic
Description	Provides compression and protection



- Indications:
 - Mild injuries
 - Arthrosis and arthritis
 - Post-operative treatment
 - Rehabilitation

9INC2REBU000001

Hot/Cold Gel Compress

Size 12.7x24.4 cm Package 1 piece Material Gel Description Provides relief of strains, sprains, muscle soreness, swelling, tendinitis, sport injuries

• Can be used as both hot and cold compresses.

9INC2REBU000007

Hot/Cold Gel Compress with Frog

Size	11.6x9.7 cm	
Package	1 piece	
Material	PVC exterior, Gel inside	
Description	Provides relief of strains, sprains, muscle soreness, swelling, tendinitis, sport injuries	



- Can be used as both hot and cold compresses.
- Suitable for children.

AB30409

Hand Exercise Ball

Size	Pink: Soft, Green: Medium, Black: Hard	C		KIEIDIS
Package	1 piece	EL EGZERSIZ TOPU	EL EGZERSIZ TOPU	EL EGZERSZ
Material	100% medical silicone			
Description	For muscle strengthening			

- Used for palm and finger exercises.
- Includes 3 balls in different grades.
- Please indicate the color when giving the order:
 - Pink: Light
 - Green: Medium
 - Black: Hard

9AGT2KDBU000004

Cane Rubber

Size	Standard	
Package	1 piece	
Material	Vacuum PVC	47
Description	Holds the cane upright	

• Provides safe walking, especially on sandy and muddy surfaces.

Mambo Max Massage Ball

Size	Orange: 6cm, Green: 7cm, Yellow: 8cm, Red: 9cm, Blue: 10cm	
Package	1 piece	MARIN
Material	Silicone	
Description	For muscle relaxation	



• Used for relaxing muscles and reducing tension on hands.

• Helps to strengthen hands and to improve coordination and flexibility.

AB41409

Kinesio Bandage



Size	5cm x 5m
Package	1 piece
Material	90% Cotton, 10% Waterproof Spandex
Description	Relieves regional pain and support muscles



- Can be cut to size.
- Colors: Black, Beige, Pink, Blue
- Hypoallergenic. Latex-free.

9FIM2BATU000004

Kintape-2 Plus Kinesio Bandage

Size	5cm x 5m		IDF/IDES	
Package	1 piece		F	
Material	Cotton, Waterproof Spandex	9		
Description	Relieves regional pain and support muscles			

• 70% Waterproof.

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- Smooth surface, made of combed cotton. Can be cut.
- Extreme thin and soft, 25% thinner than common products.
- Extreme sticky, more than 10 days.
- Hypoallergenic. Latex-free.
- Colors: Black, Beige, Pink, Blue

9FST2REBU000010

Coban Bandage 2.5cmx450cm

Size	2.5cm x 450cm
Package	1 piece
Material	Non-woven polyester fabric
Description	Provides compression, support, and protection



• Extra light and comfortable.

- Water resistant and breathable.
- Easy to apply and remove.



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9FST2REBU000007

Coban Bandage 5cmx450cm

Size	5cm x 450cm	-
Package	1 piece	
Material	Non-woven polyester fabric	
Description	Provides compression, support, and protection	



- Extra light and comfortable.
- Water resistant and breathable.
- Easy to apply and remove.

9FST2REBU000008

Coban Bandage 7.5cmx450cm

Size	7.5cm x 450cm
Package	1 piece
Material	Non-woven polyester fabric
Description	Provides compression, support, and protection



- Extra light and comfortable.
- Water resistant and breathable.
- Easy to apply and remove.

9FST2REBU000009

Coban Bandage 10cmx450cm

Size	10cm x 450cm	
Package	1 piece	
Material	Non-woven polyester fabric	
Description	Provides compression, support, and protection	



- Water resistant and breathable.
- Easy to apply and remove.

9EYT2ASUU000002 Foot Crack Cream

Material

Description

Size 75 ML

Prevents foot cracks

Cream



- Nourishes your feet with its rich and nutritious contents.
- Helps prevent the formation of cracks thanks to its moisturizing feature.

9EYT2ASUU000004

Natural Foot Care Sea Salt

Size	300 ML	KIFIDIS £
Package	1 piece	KIELDIS
Material	Sea Salt	Viatural
Description	Softens and renews foot skin	Foot Care Sea Salt

• Revitalizes your feet with its rich and nutritious content.

• Softens skin and helps renew and refreshing it with the invigorating scent it emits.

9TRK2ASUU000001

Wooden Foot File

Size	Standard
Package	1 piece
Material	Wood
Description	Removes thick calluses, dead and hardened skin



- Helps to removes thick calluses, dead and hardened skin, quickly and easily.
- Leaves smooth feet.

9GLB2MEDU000001

GB802 Folding Stick



Size	Standard
Package	1 piece
Material	Metal
Description	Height adjustable, safe walking

- Anatomical hand grip does not slip.
- Provides a safe walk. The rubber tire holds firmly to the ground.Height adjustable.
- Thanks to its foldable structure, it is portable and can be carried easily.

9GLB2MEDU000003

GB803 Folding Stick

Size	Standard	1× 1×
Package	1 piece	189
Material	Metal	
Description	Height adjustable, safe walking	A A A

- Anatomical hand grip does not slip.
- Provides a safe walk. The rubber tire holds firmly to the ground.
- Height adjustable.
- Thanks to its foldable structure, it is portable and can be carried easily.
- Colors: Black, Red, Blue, Anthracite, Bronze.

9GLB2MEDU000006

Tip for Cane and Canadien

Size	19 mm	
Package	1 piece	
Material	Rubber	
Description	Extra rubber tip	

• The rubber tire grips the ground firmly and prevents slipping.

Colors: Red, Blue, Black, Brown

9GLB2MEDU000002

GB809B Folding Stick



Size	Standard
Package	1 piece
Material	Metal
Description	Height adjustable, safe walking

- Anatomical hand grip does not slip.
- Provides a safe walk. The rubber tire holds firmly to the ground.
- Height adjustable.
- Thanks to its foldable structure, it is portable and can be carried easily.

9GLB2MEDU000004 GB845 Pattern Folding Stick

Size	Standard	Stor Stor
Package	1 piece	1 1
Material	Metal	
Description	Height adjustable, safe walking	D D

- Anatomical hand grip does not slip.
- Provides a safe walk. The rubber tire holds firmly to the ground.
- Height adjustable.
- Thanks to its foldable structure, it is portable and can be carried easily.
- Patterns: Zigzag, Red, Black-white, Paisley, Blue, Checked

Large Display Stand



Plexi Display Stand







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